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1	ASSESSING THE IMPACTS OF MINING ACTIVITIES ON FISH HEALTH
2	IN NORTHERN QUÉBEC
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#### ABSTRACT

11 For several decades, Northern Québec has been exploited by mining companies for its mineral 12 resources, yet, research documenting the effects of toxic stress on fish health in subarctic 13 environments remains limited. In this study, one lake directly affected by mining activities in the 14 Schefferville area, two lakes close to mining facilities in the Fermont and Schefferville areas, and 15 one reference lake were sampled for water, sediment and fish. Our results suggest that 16 manganese bioaccumulation induced an oxidative stress in Catostominæ, as demonstrated by 17 the positive relationships between manganese concentrations and catalase activity and 8-18 hydroxy-2'deoxyguanosine concentrations, as well as the negative relationship with glutathione 19 peroxidase activity (both catalase and glutathione peroxidase activities being biomarkers of 20 antioxidant capacities and 8-hydroxy-2'deoxyguanosine an indicator of DNA oxidative damage). 21 Similarly, selenium bioaccumulation was positively correlated with 8-hydroxy-2'deoxyguanosine 22 concentrations in Salmoninæ. These results suggest a prooxidant role of excess selenium and 23 manganese, and highlight the interspecific variability of fish responses to contaminated areas 24 around historical and current iron ore mining operations.

25

26 Keywords: Northern fish, metal contamination, oxidative stress, Fermont, Schefferville

#### 27 1 INTRODUCTION

28 Fish are ectothermic organisms, meaning that energy allocation is modulated in part by the 29 environmental temperature (Jobling et al., 1997; Power, 1978). Generally, in cold environments, 30 the age at maturity is delayed and the growth and reproductive seasons are shorter than in a 31 warmer climate (Duchesne and Magnan, 1997; Houde, 1989; Stewart et al., 2007). Energy 32 accumulated is allocated towards the maintenance of homeostasis, growth, reproduction, energy 33 storage and sometimes migration, though this is species, life stage and habitat dependent 34 (Jørgensen and Fiksen, 2006). However, when fish are facing a toxic stress such as metal 35 contamination, detoxification of these stressors and repair of affected biological tissues and 36 functions represent additional energetic costs. As a consequence, this will reduce allocation of 37 energy to other vital functions, potentially leading to physiological (Couture and Kumar, 2003; 38 Maes et al., 2005; McPhee and Janz, 2014) and behavioral (Berntssen et al., 2003; Scott and 39 Sloman, 2004; Sloman and McNeil, 2012) disruptions. Uptake and internal handling of trace 40 elements vary according to environmental (e.g. temperature, pH, water hardness) (Karthikeyan 41 et al., 2007; Köck et al., 1996) and individual variables (e.g. age, length, growth) (Farkas et al., 42 2003; Greenfield et al., 2001) that in turn modulate fish health. Additionally, depending on their 43 trophic position, fish can be exposed to high metal concentrations through their diet (Kuchapski 44 and Rasmussen, 2015; van der Velden et al., 2013).

Metals are naturally occurring at the Earth's surface, but environmental concentrations can be significantly amplified by recent human activities. Mining operations (from the exploration phase to after the end of exploitation) increase the input of contaminants into natural environments which often include aquatic ecosystems. Although some elements are essential for fish, playing a key role in various metabolic reactions (e.g. barium (Ba), cobalt (Co), copper (Cu), iron (Fe), manganese (Mn), selenium (Se) and zinc (Zn)), others are classified as non-essential

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51 (e.g. aluminum (Al), arsenic (As), cadmium (Cd), mercury (Hg) and lead (Pb)). However, the 52 essentiality of certain elements, such as chromium (Cr) or nickel (Ni) remains controversial 53 (Wood, 2011). While essential elements can lead to toxic stress when occurring in elevated 54 concentrations (Wood et al., 2011a), non-essential elements can result in negative effects on fish 55 health even at very low concentrations (Wood et al., 2011b). Many physiological disruptions have been associated with elevated elemental concentrations, including impairment of metabolic 56 57 activities (Couture and Pyle, 2012) and hormonal responses (Laflamme et al., 2000; Levesque et 58 al., 2002), reproduction (Friedmann et al., 1996), reduction of growth (Eastwood and Couture, 59 2002) and longevity (Couture and Pyle, 2008; Pyle et al., 2008) or impacts on the antioxidant 60 defence system, as highlighted by the observation of biomarkers of reactive oxygen species 61 (ROS) (Sevcikova et al., 2011).

62 The ROS are naturally produced by aerobic metabolism (Winston and Di Giulio, 1991) and 63 are regulated by two defense systems: the activity of antioxidant enzymes, such as superoxide 64 dismutase (SOD), catalase (CAT) and glutathione peroxidase (GPx), and antioxidant molecules such as reduced glutathione (GSH) (Di Giulio et al., 1989; Lackner, 1998; Livingstone, 2001). 65 66 Generally, metals are associated with the production of ROS in two ways (Sevcikova et al., 2011). 67 First, some elements such as Fe, Cu, or Cr generate ROS through their redox potential, while Hg, 68 Pb, Cd, or Ni can directly impact antioxidant mechanisms. Oxidative stress is what occurs when 69 these antioxidant capacities are exceeded, which then disrupts cellular homeostasis and 70 culminates in accumulated ROS. This leads to associated oxidative damage, such as lipid 71 peroxidation and deoxyribonucleic acid (DNA) damage (Halliwell, 1999; Lackner, 1998). Although 72 fish responses to mining and metal contamination have been well documented in more Southern 73 regions of Canada (Couture and Pyle, 2012; Sherwood et al., 2000), literature evaluating such 74 impacts in more Northern locations remains limited to a few scientific studies (Martyniuk et al., 75 2020b) and small scale regional environmental monitoring programs (Makivik Coproration, 2021).

76 Even though literature is scarce on the particular impacts of iron ore mining on fish health, 77 one study case stands out: the Samarco disaster (southeast Brazil). In 2015, roughly 50 million 78 m<sup>3</sup> of iron mine tailing were discharged in the environment after a dam break. Since then, several 79 studies have highlighted an increase of metal concentrations (Ba, Co, Cr, Cd, Cu, Fe, Mn, Ni) in 80 the aquatic ecosystem downstream (da Silva et al., 2022; Passos et al., 2020; Siqueira et al., 81 2022). Assessing fish responses to metal contamination, Gabriel et al. (2020) showed that two 82 demersal fish species captured in the estuary (Cathorops spixii and Genidens genidens) 83 expressed high values of As, Cr, Mn, Hg and Se in both liver and muscle tissues. Additionally, 84 trace metal bioaccumulation was significantly correlated with the expression of metallothioneins 85 (MT) and GSH, two biomarkers of detoxification processes. Another study from Weber et al. 86 (2020) demonstrated that two fish species (Hoplias intermedius and Hypostomus affinis), sampled 87 along the Doce River in a contaminated area, showed liver damage (vacuolization, necrosis and hypertrophy of hepatocytes) and a significant response of cytochrome P450 1A (CYP1A), MT and 88 89 CAT. Hoplias intermedius also expressed significantly higher level of SOD than their counterparts 90 from the reference site. Together, these results reinforce the conclusion of a long-term chronic 91 contamination which can be observed in the surrounding ecosystem of iron ore mining operations 92 (Baeten et al., 2018). Nevertheless, fish response to environmental contamination from iron 93 mining operations could markedly differ between warm-water species and cold-water species. In 94 their study, Weber et al. (2020) selected two species that are known to be compliant to strong 95 environmental changes, yet, they still observed negative effects due to metal contamination. 96 Northern fish species could be more sensible to such toxic stressors since they experience shorter 97 periods of high energy accumulation and metabolic activity compared to individuals from Southern 98 locations. Thus, their tolerance range (i.e. detoxification capacities, behavioural adaptations, 99 reproductive success) to environmental contamination from mining activities might be more 100 limited than warm-water species.

101 The Labrador Trough is a region of Mid-Northern Québec recognized for its mining potential, 102 especially iron (Simard, 2018) in the Fermont and Schefferville areas. The first mining operations 103 began in Schefferville in the 1950s under the direction of the Iron Ore Company of Canada (IOC) 104 (Boutet, 2012) while in Fermont, development started in 1970 with the Compagnie minière 105 Québec Cartier (CMQC) (CLD de Caniapiscau, 2015). Historically, several companies have 106 exploited claims in the two regions, which has had a major impact on the environment, particularly 107 the surrounding aquatic ecosystems (Aebischer et al., 2015; Laperrière et al., 2007). More 108 recently in 2014, further environmental concerns were raised in the region after several incidents. 109 These included the failure of a dam at the Bloom Lake mine site in Fermont (Gouvernement du 110 Canada, 2014) and red coloured water identified by Schefferville residents entering aquatic 111 systems in areas proximate to several of the surrounding mines (Blais, 2019). The objective of 112 this study was to investigate the effects of past and present mining activities on fish health in both 113 locations. To assess elemental accumulation in fish with similar feeding strategies and trophic 114 position, six fish species further grouped in three subfamilies were sampled in three contaminated 115 lakes from Fermont and Schefferville in addition to a reference lake in the same region, but far 116 from potential mining influence. Relationships between liver trace element concentrations and 117 condition indices (Fulton's condition factor (FCF), hepatosomatic index (HSI)) and biomarkers of 118 antioxidant capacities (CAT, SOD and GPx) as well as oxidative damage (malondialdehyde 119 (MDA), a lipid peroxide, and 8-hydroxy-2'deoxyguanosine (8-OHdG), an indicator of DNA 120 oxidative damage) were investigated to evaluate effects of contamination from mining operations 121 on fish health.

#### 122 2 MATERIALS AND METHODS

#### 123 2.1 Study area

124 The towns of Fermont (52°46'59"N, 67°05'00"W) and Schefferville (54°47'59"N, 125 66°50'00"W) are located in Northern Québec on the provincial boundary between Québec and 126 Labrador (Figure 1). Geologically, Fermont and Schefferville are located in the Labrador Trough 127 of the Canadian Shield, which has been globally identified as an exceptionally productive area for 128 metal mining (Simard, 2018). These two regions are characterized by a subarctic climate with a 129 short growing season and vegetation transitioning between boreal forest and arctic tundra 130 (Vowinckel et al., 1975). Recorded average temperatures range from -22.1°C in January to 131 13.5°C in July for Fermont (Ministère de l'Environnement et de la Lutte contre les changements 132 climatiques, 2020). In Schefferville, the average temperatures for January and July are -23.3°C 133 (Gouvernement du Canada, 2020a) and 13.8°C, respectively (Gouvernement du Canada, 134 2020b). Mining operations, and more specifically iron ore exploitation, have occurred in the region 135 since the 1950's and have been a dominant force in the local economy of both Fermont and 136 Schefferville (Boutet, 2012; Simard and Brisson, 2013). Two main iron ore exploitation sites are 137 currently operational in Fermont: the Mont-Wright Mine (16 Mt/year) owned by ArcelorMittal 138 Mining Canada G.P. (AMEM), and the Bloom Lake Mine (7.6 Mt/year) by Minerai de fer Québec 139 (a subsidiary of Champion Iron). Tata Steel Minerals Canada (TSMC) has been the sole mining 140 operation profiting from iron ore deposit exploitation (1 Mt/year) in Schefferville since 2014. 141 Historical mining operations in Schefferville involves two companies: IOC which exploited iron ore 142 from 1954 to 1982 (from 2 to 12 Mt/ year) and Labrador Iron Mine Limited (LIM) from 2011 to 143 2013 (3.6 Mt produced during the three years of exploitation). Schefferville is also positioned in 144 the traditional territories of two Indigenous Nations: the Naskapi Nation of Kawawachikamach and 145 Innu community of Matimekush-Lac-John (Simard and Brisson, 2016). Individuals from both

146 communities still practice traditional hunting and fishing activities on land situated near both147 historic and current mining operations.

148 In summer 2019, three lakes reported to have received input from both historical and 149 present mining operations (Table 1) were sampled to assess the effects of mining activities on 150 fish health and their environment (Figure 1). In Schefferville, lakes were chosen with the 151 assistance of an Innu guide, for their proximity to past and present mining activity and identified 152 as of potential concern from the local community. In addition to be a primary food item, fish 153 represent important cultural, economical and social resources for Indigenous Nations. As such, 154 there have been growing concerns since local guides identified mine tailings contaminating the 155 lakes (Table 1). Lake Perroche (54°1'40.11"N and 69°37'30.72"W), located nearly 200 km from 156 both Fermont and Schefferville and free from any mining influences, was chosen as a reference 157 site due to its ecological and physicochemical similarity with the aforementioned sampling sites. 158 In Fermont, Lake Cherny (52°52'40.02"N and 67°26'0.64"W) is located about 6 km downstream from the Bloom Lake mining site. In Schefferville, Lake Denault (54°50'13.75"N and 159 160 66°53'26.79"W) is directly adjacent to a historical site of IOC exploitation, while Lake Houston 161 (54°43'57.31"N and 66°41'5.43"W) is approximately 10 km from this location, but closer to past 162 Labrador Iron Mines (LIM) and current TSMC exploitation sites. Sampling occurred between July 163 15<sup>th</sup> and August 8<sup>th</sup> in Fermont area and in the reference site, and between August 25<sup>th</sup> and 164 September 3<sup>th</sup> in Schefferville.

165 **2.2 S** 

#### Sample collection

Water variables, including pH (Waterproof pHep®5 pH/Temperature Tester – H198128,
Hanna Instruments, Laval, Québec, Canada), temperature (°C) and conductivity (µS/cm) (YSI
Model 85, YSI Incorporated, Yellow Springs, Ohio, USA) were measured at each sampling
location. The probe of both instruments was recording approximately 30 cm underwater. Two
surface water and sediment samples (Ekman Bottom Grabs 225 cm<sup>2</sup>, KC Denmark A/S,

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Silkeborg, Denmark) were also collected at each site to establish trace element concentrations in addition to water field and transport blanks. Ultrapure water was used to prepare water field and transport blanks to evaluate potential procedural and material contamination. To sample surface water, the syringe was rinsed five times consecutively with surface water before setting the filter (25 mm PES 0.45 µm, Canadian Life Science, Peterborough, ON, Canada). Then, 20 mL of surface water were sampled and 5 mL were discarded. The remaining 15 mL were stored in trace metal free tubes at 4°C.

178 To maximize diversity of fish capture, sampling was completed using experimental gill nets 179 (25 to 150 mm mesh panels, 120 m length, 2 m depth, Fipec Industries, Grande-Rivière, Québec, 180 Canada), bait traps and angling. A total of ten different species were caught: Northern pike (Esox 181 lucius), Lake charr (Salvelinus namaycush), Brook charr (Salvelinus fontinalis), White sucker 182 (Catostomus commersonii), Longnose sucker (Catostomus catostomus), Lake whitefish 183 (Coregonus clupeaformis), Round whitefish (Prosopium cylindraceum), Lake chub (Couesius 184 plumbeus), Burbot (Lota lota) and Slimy sculpin (Cottus cognatus). See Table 2 for the details of capture data. A maximum of 20 individuals from each species were retained from each location. 185 186 However, considering the low sample numbers for Burbot (n = 3) and Slimy sculpin (n = 4), these 187 species were excluded from any further analysis. Only one Northern pike was captured in a 188 contaminated site (Lake Cherny) and Lake chub could only be analysed for whole fish metal 189 concentration, hence, both species were also excluded from this study. Our sampling protocol 190 was approved by the Comité Institutionnel de Protection des Animaux (CIPA) of the Institut 191 National de la Recherche Scientifique (INRS) and by the Ministère des Forêts, de la Faune et des 192 Parcs (MFFP) (SEG permit 18-08-06-061-09-S-P).

All fish captured were sacrificed by a sharp blow to the head before fork length ( $\pm$  1 mm) and mass ( $\pm$  1 g) were measured for each individual. These measurements were then used to calculate FCF as follows: FCF = ( $W_T/L^3$ )\*10<sup>5</sup> where  $W_T$  represents the total weight of the fish (g)

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196 and L the fork length (mm). Prior to further dissection and tissue sample collection, sex and 197 maturity were determined when possible. Gonad weight  $(\pm 1 \text{ g})$ , as well as liver weight  $(\pm 1 \text{ g})$ 198 were also recorded to estimate gonadosomatic index (GSI) and HSI, respectively. The HSI, an 199 energy status indicator, was estimated as follows: HSI =  $100^{*}W_{L}/W_{T}$  where  $W_{L}$  is the liver wet 200 weight (g). The GSI is used to assess sexual maturity of fish and was determined as follows: GSI =  $100^{+}W_{G}/W_{T}$  where  $W_{G}$  is the gonad weight (g). Otoliths, scales, and opercular bones for White 201 202 sucker and Longnose sucker were removed and evaluated by MFFP personnel to estimate fish 203 age. Two independent readings were performed on each structure and if results differed, a third 204 reading was completed. Otoliths were prioritized compared to other structures.

All captured fish were then dissected at the sampling site to collect liver tissue for trace element analyses, as well as enzyme, lipid peroxidation and DNA damage analyses. Lake chub were excluded from this procedure, as whole fish tissue was used to perform trace element analyses for this species. Samples were immediately placed in 15 mL trace metal free tubes and frozen at -20°C until subsequent trace element analyses could be performed. For enzyme, lipid peroxidation, DNA damage analyses, and protein concentration determination, liver tissue was sub-sampled and stored in cryogenic tubes at -80°C.

212 2.3 Trace Element Analyses

213 Fish

Trace element analyses for water, sediment and fish liver tissues were all performed at the Institut National de la Recherche Scientifique – Centre Eau Terre Environnement (INRS-ETE) in Québec (QC), Canada. Liver samples were lyophilized for a minimum of 48 h (FTS Systems TMM, Kinetics Thermal Systems, Longueuil, QC, Canada), after which freeze-dried tissues were divided between total mercury (THg) (approximately 50-100 mg  $\pm$  0.1 mg) and additional trace element analyses (approximately 10-15 mg  $\pm$  0.1 mg) (XS205 DualRange, Mettler-Toledo GmbH,

Greifensee, Switzerland). In instances where sample weights were insufficient for both analyses,trace element analyses were prioritized.

222 Dry weight (dw) THg results were determined with a Direct Mercury Analyzer (DMA-80, 223 Milestone Inc., Shelton, USA) according to US EPA method 7473 (EPA, 1998) before conversion 224 to final wet weight concentrations using percent moisture calculations (van der Velden et al., 225 2013). As THg concentrations are generally highly correlated with age and/or length (Gantner et 226 al., 2010; Muir et al., 2005), obtained data were tested for significant relationships with these 227 variables using linear regressions (log10THg vs. log10fork length, fork length, or log10age, and 228 age) (Martyniuk et al., 2020a; Tran et al., 2015) in an effort to determine the necessity of data 229 length standardization. Certified reference materials TORT-3 (Lobster hepatopancreas, National 230 Research Council of Canada, NRCC, Halifax, NS, Canada) and DOLT-5 (Dogfish liver, National 231 Research Council of Canada, NRCC, Halifax, NS, Canada) from the National Research Council 232 of Canada (NRCC), as well as blanks, were assessed in conjunction with every fifth tissue sample 233 in the same analytical cycle to establish accuracy and recovery. The average recoveries 234 (expressed as % of certified values ± standard error) were 97.4 ± 0.9% and 90.4 ± 0.7% for TORT-235 3 and DOLT-5 respectively.

236 Liver samples dedicated for additional trace element analyses were digested in 1500 µL 237 of Optima grade nitric acid (70%, v/v, Optima grade, Fisher Scientific, Whitby, ON, Canada) for 3 238 days at room temperature, before being heated for 2 hours at 60°C. After samples were cooled 239 to room temperature, 750 µL of hydrogen peroxide (30%, v/v, Optima grade, Fisher Scientific, 240 Whitby, ON, Canada) and 15 µL of hydrofluoric acid (47 – 51%, v/v, Optima grade, Fischer 241 Scientific, Whitby, ON, Canada) were added and samples were subsequently digested for an 242 additional 24 hours. Volume was adjusted to 15 mL with ultrapure water for a final digestion 243 volume of 10% nitric acid. Regarding trace element analyses of whole fish, a similar protocol was 244 applied with the following modifications: 5000 µL nitric acid, 2500 µL hydrogen peroxide, 50 µL 245 hydrofluoric acid and volume completed to 50 mL with ultrapure water. Concentrations of AI, As, 246 Ba, Cd, Co, Cr, Cu, Fe, Mn, Ni, Pb, Se, and Zn were then guantified using either inductively 247 coupled atomic emission spectroscopy (ICP-AES) (Varian Vista XP Axial CCD Simultaneous ICP-248 AES, Agilent Technologies, Santa Clara, California, USA) or inductively coupled plasma-mass 249 spectrometry (ICP-MS) (Model x-7, Thermo Elemental, Winsford, England, UK). The suite of trace 250 elements analyzed in this study has been chosen considering metals of concerns from iron mining 251 operations and from other mining industries (i.e. copper, gold, nickel) that took place in the Canadian Shield. Certified reference materials TORT-3, DOLT-5 and NIST-1515 (Apple leaves, 252 253 National Institute of Standards and Technology, NIST, Gaithersburg, MD, USA) from the NRCC 254 and blanks were digested in triplicate with identical protocols to control for efficacy, accuracy, and 255 reproducibility. The average recoveries (expressed as % of certified values ± standard error) of 256 TORT-3 were as follows: As (99.2 ± 5.0%), Cd (92.1 ± 2.8%), Co (101.6 ± 4.8%), Cr (98.1 ± 257 6.5%), Cu (88.0 ± 3.7%), Fe (87.7 ± 5.6%), Mn (89.4 ± 5.4%), Ni (84.5 ± 4.9%), Pb (97.3 ± 10.4%), 258 Se (95.3  $\pm$  5.9%) and Zn (96.3  $\pm$  8.9%). The average recoveries of DOLT-5 were as follows: Al 259 (98.1 ± 16.4%), As (82.4 ± 3.3%), Cd (91.9 ± 3.9%), Co (95.0 ± 5.2%), Cr (93.3 ± 5.1%), Cu (75.2 260 ± 5.3%), Fe (89.0 ± 6.0%), Mn (84.0 ± 6.4%), Ni (98.3 ± 6.9%), Pb (84.3 ± 10.9%), Se (91.1 ± 261 6.1%) and Zn (100.4 ± 9.6%). The average recoveries (expressed as % of certified values ± 262 standard error) for NIST-1515 were as follows: AI (88.1 ± 7.1%), Ba (81.6 ± 4.2%) and Mn (83.5 263 ± 9.6%).

#### 264 Water and sediment

Water samples for trace element analyses were acidified to a pH of 2 (Audet and Couture, 2003) using optima grade nitric acid (70%, v/v, Optima grade, Fisher Scientific, Whitby, ON, 2003) and stored at 4°C until subsequent ICP-AES and ICP-MS analyses were performed. Field and transport blanks were prepared following identical procedures. Sediment samples for 2009 trace element analyses were digested following a protocol adapted from Tessier et al. (1979)

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aimed at the extraction of bioavailable elements. Approximately 20 mL of NH<sub>2</sub>OH.HCl 0.04 M prepared in glacial acetic acid (99%, v/v, Optima grade, Fisher Scientific, Whitby, ON, Canada) was added to 1 g of non-lyophilized sediment before samples were heated at 96°C (± 3°C) for 6 hours. Samples were agitated every 30 min. Sample volume was then adjusted to 20 mL with ultrapure water before a decantation period of 48 hours. Subsequently, 5 mL of supernatant was removed and treated to the previously described digestion protocol.

# 276 2.4 Enzyme activities, protein concentration, lipid peroxidation and DNA 277 damage analyses

Enzyme activities included the quantification of CAT, SOD and GPx activity. Analyses were performed using a UV/Vis spectrophotometer (Varian Cary 100, Varian Inc., Palo Alto, California, USA) on 96-well microplates at room temperature (20°C). Liver samples were homogenized in a buffer solution prepared with 20 mM HEPES, 1 mM EDTA and 0.10% Triton X-100 and activities were measured as follows:

- Catalase (CAT; EC 1.11.1.6): Catalase activity was measured using an assay kit (No.
   707002 purchased from Cayman Chemical Company Inc. (Ann Arbor, Michigan USA)),
   following the manufacturer's protocol at 540 nm.
- Superoxide dismutase (SOD; EC 1.15.1.1): Superoxide dismutase activity was performed
   using an assay kit (No. 706002 purchased from Cayman Chemical Company Inc. (Ann
   Arbor, Michigan USA)), following the manufacturer's protocol at 450 nm.
- Glutathione peroxidase (GPx; EC 1.11.1.9): Glutathione peroxidase activity was prepared
   using an assay kit (No. 703102 purchased from Cayman Chemical Company Inc. (Ann
   Arbor, Michigan USA)), according to the manufacturer's protocol at 340 nm.

Enzyme concentrations are expressed as nmol/min/mg protein for both CAT and GPx activities and as U/mg protein for SOD activity (one unit of SOD is defined by the manufacturer as the amount of enzyme needed to exhibit 50% dismutation of the superoxide radical). Protein

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concentrations, used to normalize the enzyme activities, were determined on liver homogenates
before centrifugation using Coomassie (Bradford) Protein Assay Kit (No. 23200) at a wavelength
of 595 nm with protein concentrations expressed as mg protein per g of liver wet weight (Bradford,
1976).

299 Lipid peroxidation and DNA damage were estimated through the measurement of MDA 300 and 8-OHdG concentrations, respectively. Concentrations of MDA were estimated using 301 thiobarbituric acid reactive substances (TBARS) assay kits (No. 10009055) purchased from 302 Cayman Chemical Company Inc. (Ann Arbor, Michigan USA). Sample preparation and assays 303 were performed according to manufacturer's instructions with MDA concentrations measured at 304 540 nm and expressed as µmol MDA/g protein. The TBARS assay is not specific to MDA but it is 305 generally acknowledged that MDA represents the majority of TBARS in the liver. For quantification 306 of 8-OHdG concentrations, DNA was extracted from collected liver samples using Quick-DNA<sup>™</sup> 307 Miniprep Plus Kit (Nos. D4068 & D4069) purchased from Zymo Research (Irvine, CA, USA) 308 following the manufacturer's instructions. Initial DNA concentrations were then measured with a 309 NanoDrop-2000 spectrophotometer (Thermo Fisher Scientific). Prior to the measurement of 8-310 OHdG concentrations, DNA samples were prepared with the following protocol: (1) heat-311 denaturation of the sample for 15 min at 100°C followed by 10 min on ice, (2) addition of 1 µL 312 nuclease P1 solution prepared at 0.175  $\mu g/\mu L$  in a buffer solution of 200 mM acetic acid and 10 313 mM CaCl<sub>2</sub> (pH = 6.5), (3) incubation for 1 hour at  $37^{\circ}$ C, (4) addition of 11.66  $\mu$ L of alkaline 314 phosphatase solution at  $3 \mu g/\mu L$  in 1 M Tris buffer solution (pH = 8), (5) incubation for 30 min at 315 37°C, (6) heating for 10 min at 100°C before final storage on ice. A secondary DNA concentration 316 measurement was then taken to adjust the sample solution to 20 ng DNA/µL. The concentrations 317 of 8-OHdG were then determined using DNA/RNA Oxidative Damage ELISA kit (No. 589320) 318 purchased from Cayman Chemical Company Inc. (Ann Arbor, Michigan USA) according to Page 15 of 133

manufacturer's protocols. Absorbance was measured at 410 nm and concentrations of 8-OHdG
are expressed as pg of 8-OHdG per µg of DNA.

321 2.5 Statistical analyses

322 Statistical analyses were performed using the R (Version 4.0.3, 2020) software package 323 and RStudio (Version 1.3.1093, © 2009-2020 RStudio, PBC) with a type I error set to  $\alpha$  = 0.05. 324 To better identify trends of elemental accumulation in ecologically similar fish, species were 325 grouped by subfamily. Thus, we gathered White sucker and Longnose sucker in the Catostominæ 326 subfamily, Lake whitefish and Round whitefish in the Coregoninæ subfamily and Lake charr and 327 Brook charr in the Salmoninæ subfamily. Grouping the species into subfamilies was necessary to 328 perform statistically valid comparisons of patterns of bioaccumulation and investigate their 329 relationships with indicators of fish health, due to the low sample size for some species in some 330 lakes. However, this grouping clearly influences the metal bioaccumulation values for each 331 subfamily, depending on the relative number of individuals from different species within these 332 subfamilies and differences in habitat preference and diet of each species. For example, Lake 333 charr and Brook charr may occupy different ecological niche or forage on different prey types. 334 Data interpretation took this limitation into consideration.

335 Comparisons between mean values of biometric and biochemical variables and trace 336 element concentrations were performed using one-way analysis of variance (ANOVA). Data 337 normality was assessed using residual diagnostic histograms, Q-Q plots and the Shapiro-Wilk W 338 test (Shapiro and Wilk, 1965). Homoscedasticity was verified using the Bartlett's test (Bartlett, 339 1937) or the Levene's test (Levene, 1961). Data that did not respect normality or homoscedasticity 340 conditions were log<sub>10</sub> transformed and potential outliers were evaluated using Cook's Distance 341 statistic (Zar, 2007). A Tukey-Kramer honestly significant difference post-hoc test was completed 342 after each significant ANOVA to evaluate significant differences among means of studied groups. When data were nonparametric, a Kruskal-Wallis test (Kruskal and Wallis, 1952) was performed. 343

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344 Student's t-tests or Wilcoxon/Mann-Whitney test for nonparametric data were used for 345 Catostominæ. Principal component analyses (PCA) were computed for each subfamily to 346 investigate relationships among liver trace element concentrations and biomarkers to reduce the 347 dimensionality of the dataset. In order not to bias the PCAs with missing values, the MissMDA 348 package was used to impute values that do not have effects in the calculation of the dimensions. 349 Results of PCAs are represented by biplots that project the dispersion of the variables on two 350 principal components. The significance of studied parameters is characterized by arrow length 351 and direction in relation to the two principal components. Major outputs from the PCA were then 352 examined with Spearman correlations  $(r_s)$  to identify significant relationships between trace 353 element concentrations and biomarkers. A Bonferroni correction was applied to account for the 354 multiple comparisons performed in the correlation matrices.

#### 355 **3 RESULTS**

#### 356 3.1 Lake characteristics

#### 357 Water parameters

Water chemistry parameters for all sampled lakes are available in Table 1. Each location expressed very similar values for temperature, while pH varied slightly between the most acidic lake studied (Perroche, pH 6.6) and Lake Denault (pH 7.7). Values of conductivity showed a greater variability among lakes but still remained similar to those detailed in a previous study from Larocque et al. (2006) where the authors reported the conductivity of sixty lakes (mean: 28.7; min: 10.0; max: 170.0 µS/cm) distributed from latitude 49°48'N to 59°32'N in northwestern Québec.

#### 364 Water and sediment trace element concentrations

365 Considering the high variability and the substantial number of values below the limits of 366 detection for As, Ba and Ni concentrations in fish tissues, those elements were excluded from 367 further analyses. Detection limits are listed in Table S1. Trace element concentrations of Al, Cd, 368 Co, Cr, Cu, Fe, Mn, Pb, Se and Zn for water and sediment are presented in Figure 2. Aqueous 369 and sediment concentrations of As, Ba and Ni can be found in Table S2. Aqueous concentrations 370 of AI and Fe expressed a very similar trend among sampled lakes, with mean values being 371 approximately 5-fold higher for AI and 10-fold higher for Fe in the reference lake than in lakes 372 Cherny and Houston. Waterborne concentrations of Cd and Co were greater in Lake Cherny 373 compared to the reference site and Lake Houston. The concentration of Cr was only determined 374 in Lake Houston samples, since values from the reference lake, lakes Cherny and Denault were 375 below the detection limits. Mean values of Cu concentrations appeared to be roughly 2-fold higher 376 in lakes Cherny and Houston compared to the reference site and Lake Denault. Aqueous 377 concentrations of Mn and Pb were higher in Lake Houston when compared to the reference lake, 378 lakes Cherny and Denault. Waterborne Se concentration did not differ among sampled lakes. Zinc concentrations were higher in Lake Houston samples, being approximately 4-fold higher than in
the reference lake and Lake Cherny and 15-fold higher than in Lake Denault. In general, aqueous
element concentrations were low in all lakes sampled and never exceeded the Provincial Water
Quality Objectives (PWQO) (Ministère de l'Environnement et de la Lutte contre les changements
climatiques, 2021).

384 In sediment, Lake Houston exhibited generally higher element concentrations compared 385 to other lakes. The average value of Cd concentration in Lake Houston was roughly 3-fold higher 386 than in Lake Cherny, 10-fold higher than in the reference site and 45-fold higher than in Lake 387 Denault. Sediment Cu concentrations were higher in lakes Houston and Denault compared to the 388 reference lake and Lake Cherny. Concentrations of Co, Se and Zn all exhibited comparable 389 patterns among study sites, with mean values being the highest in Lake Houston and the lowest 390 in Lake Denault. Additionally, sediment Fe and Mn concentrations also showed higher elemental 391 values in Lake Houston when compared to the reference site and Lake Cherny with Fe 392 concentrations being 6- to 12-fold higher in Lake Houston compared to other lakes. Sediment Mn 393 concentrations further varied greatly among sampled lakes, with lakes Denault and Houston 394 demonstrating values 10- to 30-fold higher than in the reference lake and Lake Cherny. 395 Concentrations of AI and Cr also differed among study sites, with average sediment 396 concentrations of these elements in Lake Houston being 18-fold higher than in Lake Denault. 397 Finally, sediment concentrations of Pb were higher in lakes Cherny and Houston than in the 398 reference site and Lake Denault. Overall, sediment elemental concentrations were consistently 399 higher than waterborne elemental concentrations.

400 **3.2 Biometric variables** 

Biometric variables and sex ratios of *Salmoninæ*, *Catostominæ* and *Coregoninæ* are presented in Table 3, except for GSI, presented in Table S3. Observed fish diversity was greatest in Lake Denault, but success of captures was highly variable among lakes. *Salmoninæ* were 404 collected in the reference lake (Brook charr and Lake charr), Lake Cherny (Lake charr), Lake 405 Houston (Brook charr) and in Lake Denault (Brook charr and Lake charr). Catostominæ were 406 caught in the reference site (White sucker) and Lake Denault (White sucker and Longnose 407 sucker). Coregoninæ were captured in the reference lake (Lake whitefish), Lake Cherny (Lake 408 whitefish and Round whitefish) and Lake Denault (Lake whitefish and Round whitefish). Fish 409 sampled at the reference site were generally longer, heavier and older than fish collected from 410 contaminated sites. Fulton's condition factor and HSI were also mostly greater in fish from the 411 reference lake compared to fish from other lakes. Salmoninæ from the reference site, especially 412 Brook charr, exhibited higher values for fork length ( $X^{2}_{(1,39)}$  = 36.00, *p* < 0.0001), whole weight 413  $(X_{(1,39)}^2 = 32.50, p < 0.0001)$  and FCF  $(t_{(1,39)} = -4.10, p = 0.0002)$  when compared to individuals 414 from Lake Houston. Nevertheless, Salmoninæ collected in Lake Houston were older ( $X^{2}_{(1,39)}$  = 415 8.42, *p* = 0.0148) than individuals from the reference site. Similarly, *Catostominæ* demonstrated 416 higher values for fork length ( $X^{2}_{(1,20)}$  = 1.00, *p* = 0.0004), whole weight ( $X^{2}_{(1,20)}$  = 1.00, *p* = 0.0004), 417 FCF ( $X_{(1,20)}^2$  = 8.00, p = 0.0011), HSI ( $X_{(1,20)}^2$  = 6.00, p = 0.0213) and age ( $X_{(1,20)}^2$  = 11.50, p = 418 0.0044) in the reference lake compared to individuals from Lake Denault. Coregoninæ 419 (particularly Lake whitefish) collected in Lake Cherny displayed higher values of HSI ( $F_{(2,39)}$  = 420 13.34, p < 0.0001) compared to HSI values of individuals collected in the reference lake (p =421 0.0006) and Lake Denault (*p* = 0.0006).

#### 422 **3.3 Trace element bioaccumulation**

Trace element concentrations of Al, Cd, Co, Cr, Cu, Fe, Hg, Mn, Pb, Se and Zn in the liver of *Salmoninæ*, *Catostominæ* and *Coregoninæ* are shown in Table 4, while liver concentrations of As, Ba and Ni are reported in Table S4.

#### 426 Salmoninæ

In Salmoninæ, liver concentrations of Al (X<sup>2</sup> = 28.20, p < 0.0001), Cd (F<sub>(3,44)</sub> = 21.3, p427 <0.0001), Co ( $F_{(3,44)}$  = 4.07, p = 0.0124), Cr ( $F_{(3,44)}$  = 29.88, p < 0.0001), Cu ( $F_{(3,44)}$  = 7.16, p = 428 429 0.0005), THg (X<sup>2</sup> = 13.33, p = 0.0040), Pb (F<sub>(3.44)</sub> = 6.46, p = 0.0010), Se (F<sub>(3.44)</sub> = 66.64, p < 430 0.0001) and Zn ( $F_{(3,40)}$  = 12.98, p < 0.0001) varied by lake. However, trace element concentrations 431 were generally higher in Salmoninæ from Lake Houston compared to other lakes. For example, 432 concentrations of AI, Cd and Cr were higher in fish collected from Lake Houston compared to 433 Salmoninæ captured in the reference lake (p = 0.0001, p < 0.0001 and p < 0.0001 respectively) 434 and lakes Cherny (p = 0.0011, p = 0.0007 and p = 0.0004 respectively) and Denault (p < 0.0001, p = 0.0122 and p < 0.0001 respectively). Liver Co concentrations were higher in Salmoninæ 435 collected from Lake Houston compared to Salmoninæ sampled from Lake Denault (p = 0.0242). 436 437 The concentrations of Cu were greater in liver tissues sampled from Lake Houston than in those 438 from the reference site (p = 0.0008). Individuals captured from Lake Cherny exhibited higher 439 values of THg than fish from the reference lake (p = 0.0076) and Lake Houston (p = 0.0058), while 440 those collected in Lake Denault displayed greater THg concentrations than fish from the reference 441 lake (p = 0.0042) and Lake Houston (p = 0.0050). Liver Pb concentrations were greater in fish 442 collected from the reference lake (p = 0.0026) and Lake Houston (p = 0.0017) than those from 443 Lake Denault. However, individuals from Lake Denault showed higher Se concentrations than 444 Salmoninæ collected in the reference site (p < 0.0001) and lakes Cherny (p = 0.0042) and 445 Houston (p < 0.0001). The concentrations of Se were also greater in fish sampled in lakes 446 Houston (p < 0.0001) and Cherny (p = 0.0012) compared to the reference lake. Finally, the 447 concentrations of Zn were higher in fish captured in Lake Houston compared to the reference lake 448 (p = 0.0013), lakes Cherny (p = 0.0216) and Denault (p < 0.0001), while Zn concentrations of 449 Salmoninæ from the reference site were greater than in fish from Lake Denault (p = 0.0056).

#### 450 Catostominæ

In *Catostominæ*, concentrations of Cr, Pb and Zn did not vary significantly by site. Concentrations of Al ( $t_{(1,37)} = 6.01$ , p < 0.0001), Mn (X<sup>2</sup><sub>(1,37)</sub> = 217.00, p < 0.0001) and Se ( $t_{(1,37)} = 2.48$ , p = 0.0299) differed by sampling location, with fish from Lake Denault exhibiting significantly greater concentrations than *Catostominæ* from the reference site. In contrast, concentrations of Cd (X<sup>2</sup><sub>(1,37)</sub> = 7.00, p < 0.0001), Co ( $t_{(1,37)} = -4.82$ , p = 0.0011), Cu ( $t_{(1,37)} = -2.83$ , p = 0.0154), Fe ( $t_{(1,37)}$ = -4.59, p = 0.0005) and THg (X<sup>2</sup><sub>(1,33)</sub> = 0.00, p < 0.0001) were higher in *Catostominæ* collected in the reference lake than in fish from Lake Denault.

#### 458 Coregoninæ

459 In Coregoninæ, liver Al ( $F_{(2,42)} = 7.84$ , p = 0.0013), Cd ( $F_{(2,42)} = 19.84$ , p < 0.0001), Co ( $F_{(2,43)}$ 460 = 13.01, p < 0.0001), Cr (F<sub>(2,43)</sub> = 21.12, p < 0.0001), Cu (F<sub>(2,42)</sub> = 14.90, p < 0.0001), Fe (F<sub>(2,43)</sub> = 461 4.45, p = 0.0176), THg (F<sub>(2.41)</sub> = 11.41, p = 0.0001), Mn (F<sub>(2.43)</sub> = 14.36, p < 0.0001), Pb (F<sub>(2.36)</sub> = 462 5.31, p = 0.0096), Se (F<sub>(2,43)</sub> = 29.98, p < 0.0001) and Zn (F<sub>(2,40)</sub> = 25.4, p < 0.0001) concentrations 463 significantly differed by sampling locations. The concentrations of AI, Cd and Co were higher in samples from lakes Denault (p = 0.0038, p = 0.0018 and p < 0.0001 respectively) and the 464 465 reference site (p = 0.0133, p < 0.0001 and p = 0.0059 respectively) than in liver tissue sampled 466 from Lake Cherny. Liver Cr and Zn concentrations in sampled Coregoninæ from the reference 467 lake were greater than in fish from lakes Cherny (p < 0.0001 and p < 0.0001 respectively) and 468 Denault (p = 0.0096 and p < 0.0001 respectively). The concentrations of Cu and THg were higher 469 in individuals captured in the reference lake (p < 0.0001 and p = 0.0001 respectively) and Lake 470 Cherny (p = 0.0004 and p = 0.0002 respectively) than Coregoninæ captured in Lake Denault. The 471 concentrations of Fe were greater in *Coregoninæ* from Lake Denault (p = 0.0278) compared to 472 Coregoninæ from Lake Cherny and Coregoninæ collected in the reference lake (p = 0.0017) and 473 Lake Denault (p < 0.0001) expressed higher Mn concentrations than those from Lake Cherny. 474 Individuals caught in the reference site exhibited higher Pb concentrations than individuals from

475 Lake Cherny (p = 0.0069). The concentrations of Se in *Coregoninæ* from Lake Denault were 476 greater than in *Coregoninæ* captured in the reference lake (p < 0.0001) and Lake Cherny (p <477 0.0001), while Se concentrations in liver tissue sampled from Lake Cherny were higher than in 478 samples from the reference site (p = 0.0040).

#### 479 **3.4** Relationships between trace element concentrations and biomarkers

The PCAs and Spearman correlations performed to assess the relationships between trace element concentrations and biomarkers are presented in Figure 3 and Table 5 for *Salmoninæ*, Figure 4 and Table 6 for *Catostominæ* and Figure 5 and Table 7 for *Coregoninæ*, respectively. See Table S5 for the results of enzyme activities (CAT, SOD and GPx activities) and biomarkers of oxidative stress (MDA and 8-OHdG concentrations).

#### 485 Salmoninæ

486 The PCA computed for Salmoninæ led to two principal components explaining 60.6% of 487 the total variability. However, an ellipse could not be drawn for Salmoninæ collected in Lake 488 Cherny despite individuals having been collected in all four lakes as a result of a low sample size 489 (n = 2) in this location. The first dimension (Dim1) explained 33.3% of the overall variance and 490 distinctly separated Salmoninæ captured in Lake Denault (on the left side of the axis) from 491 Salmoninæ sampled in Lake Houston (on the right side of the axis). Individuals collected in the 492 reference site (Lake Perroche) represent an overlap of other two populations. Fork length, total 493 weight, THg and Se concentrations, age, FCF, HSI, and GPx activity correlated negatively with 494 Dim1. On the other hand, the activity of CAT, MDA and 8-OHdG concentrations as well as 495 concentrations of Fe, Cu, Co, Cd, Cr, Mn, Al and Zn correlated positively with Dim1. This first axis 496 appeared to detail relationships dependent on fish growth, as Se and THg concentrations were 497 highly associated to biometric variables (fork length, total weight, age and HSI) and GPx activity.

Results obtained from Spearman correlations further supported this trend, as positive correlations were observed between concentrations of THg and length, weight and age. Additionally, Se concentrations were positively correlated to age and 8-OHdG concentrations. The concentrations of MDA and 8-OHdG appeared to be linked with concentrations of Fe, Cu, Co, Cd and Cr, while CAT activity was associated with concentrations of Mn, Al and Zn. Spearman correlations also revealed that Cd concentrations displayed a negative correlation with FCF, while the MDA and 8-OHdG concentrations were positively correlated.

505 The second principal component (Dim2) explained 27.3% of the total variability observed 506 for the examined variables. Fulton's condition factor and concentrations of Pb and Zn correlated 507 negatively with Dim2 while all the other variables (except Al concentrations) correlated positively 508 with Dim2. A particularly high loading of SOD activity was additionally observed. This second 509 principal component separated *Salmoninæ* sampled in contaminated sites (lakes Denault and 510 Houston) on the top of the axis from *Salmoninæ* collected at the reference site on the bottom of 511 the axis.

#### 512 Catostominæ

513 The PCA performed to evaluate relationships between trace element concentrations and 514 biomarkers for Catostominæ led to two principal components explaining 54.6% of the total 515 variability. Since Catostominæ were caught in two sampling sites only (the reference lake and 516 Lake Denault), two ellipses are displayed on the biplot. The first principal component (Dim1) 517 explained 36.8% of the total variability and strongly separated both populations of *Catostominæ*. 518 The positive (right) side of Dim1 is defined by the high loading of FCF, fork length, total weight, 519 age and concentrations of Cd and THg. With the exemption of Cd concentrations, these results 520 mirror the similar pattern determined for Salmoninæ.

521 Spearman correlations support the strong positive relationship between THg and Cd 522 concentrations and all biometric variables (total weight, fork length, FCF and age). Hepatosomatic

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index, GPx and SOD activities, MDA concentrations and Co concentrations were also associated positively with Dim1. In contrast to our observations for *Salmoninæ*, Se concentrations did not express any significant correlations with biometric or biochemical biomarkers in *Catostominæ*. Concentrations of Mn, CAT activity and 8-OHdG concentrations loaded negatively on Dim1. The concentrations of Mn were negatively correlated to fork length and total weight. Additionally, Mn concentrations were strongly and negatively correlated with Cd and THg concentrations. Finally, the activity of GPx was positively correlated to MDA concentrations.

530 The second principal component (Dim2) explained 17.8% of the total variability and was 531 characterized by the high positive loading of concentrations of Fe, Cr, Al and Pb. The 532 concentrations of these metals were higher in *Catostominæ* from Lake Denault than in fish from 533 the reference site, however, they did not appear to covary with biometric or biochemical 534 biomarkers.

#### 535 Coregoninæ

536 The PCA performed for Coregoninæ led to two principal components explaining 52.2% of 537 the overall variability. Three ellipses were determined representing each sampling site where 538 Coregoninæ were captured (the reference site, lakes Cherny and Denault). The first principal 539 component (Dim1) explained 29.9% of the total variance and patterns in the data appeared to be 540 dictated by parameters indicative of fish growth, as total weight, fork length, age, FCF and THg, 541 Cu, Cr and Cd concentrations were all positively correlated. Spearman correlations further 542 support these observations as positive correlations were determined for both Cu and THg 543 concentrations with fork length, total weight and age, in addition to FCF for THg concentrations. 544 Concentrations of Se did not tend to generally covary with biometric variables. However, Mn 545 concentrations were negatively correlated to fork length, total weight and FCF, as mostly identified for Salmoninæ and Catostominæ. 546

547 The activities of CAT, GPx and SOD, 8-OHdG and MDA concentrations, as well as 548 concentrations of Al, Co, Fe, Mn, Pb and Se were negatively associated to Dim1. Additionally, 549 CAT activity was positively correlated with MDA concentrations. Although Mn concentrations and 550 CAT activity loaded similarly on the negative (left) side of Dim1, no significant correlation could 551 be determined between these two variables.

552 The second principal component (Dim2) explained 22.3% of the observed total variability. 553 Similar to observations for *Salmoninæ*, the majority of examined variables were positioned on the 554 positive side (top) of the axis. Only HSI correlated negatively. In addition, Spearman values 555 detailed negative correlation between HSI and concentrations of Cd. Finally, *Coregoninæ* 556 collected in Lake Cherny appeared to be distinctly separated from fish collected in Lake Denault, 557 though overlap with *Coregoninæ* from the reference lake was observed.

#### 558 4 **DISCUSSION**

559 While a small sub-set of studies have described the environmental contamination resulting 560 from iron mining operations in the Fermont (Jacques et al., 2020) and Schefferville (Aebischer et 561 al., 2015; Laperrière et al., 2007) areas, as well as the effects of trace metal contamination from 562 mining activities on fish elsewhere in the province of Québec (Couture et al., 2008a; Gauthier et 563 al., 2009; Martyniuk et al., 2020b; Ponton et al., 2016; Pyle et al., 2008), scientific research 564 detailing these subjects still remains limited in our region of study. Furthermore, with the 565 exemption of a few studies that documented trace metal accumulation and the associated impacts 566 (Amundsen et al., 2011; Moiseenko and Kudryavtseva, 2001) in other Northern regions, to the 567 best of our knowledge there are no reports in the scientific literature reporting on the effects of 568 trace element contamination on fish health and condition, especially antioxidant capacities and 569 oxidative damage, near past and present iron ore exploitation sites in subarctic regions. Our study 570 addresses this knowledge gap.

#### 571 **4.1** Element concentrations in water and sediment among sampling sites

572 Aqueous element concentrations varied among our study sites. The highest 573 concentrations of AI and Fe were observed in Lake Perroche, our reference location. However, 574 this can potentially be explained by the lower pH value measured in that lake, leading to greater 575 trace metal solubility (Lofts et al., 2008). The relationship between pH and aqueous trace metal 576 solubility may also explain the higher concentrations of Mn, Pb and Zn in Lake Houston in 577 comparison to those recorded at other locations. Nevertheless, all aqueous element 578 concentrations reported in any of our study lakes remained below the PWQO guidelines for 579 Québec, which has been designed to protect aquatic organisms (Ministère de l'Environnement et 580 de la Lutte contre les changements climatiques, 2021).

581 In sediment, concentrations of Cd, Cu, Se and Zn were higher in Lake Houston compared 582 to the reference lake, where values for these elements were comparable with sediment 583 concentrations determined by Couture et al. (2008b) at their reference sites. However, they 584 reported element concentrations 20-fold higher for Cd, Se and Zn and over 600-fold higher for Cu 585 in contaminated lakes from the Rouyn-Noranda area compared to Lake Houston. Mean values of 586 Fe in Lake Houston were 10-fold higher than in the reference site and 5-fold greater than the 587 highest values determined in twelve lakes by Pyle et al. (2005) in the Sudbury area. Accumulation 588 of Fe in the sediment of Lake Houston clearly reflects the impact of iron mining activities in the 589 Schefferville area, whereas Rouyn-Noranda and Sudbury areas were affected by copper and 590 nickel mining operations. In addition to Fe contamination, lakes Houston and Denault displayed 591 significantly higher concentrations of Mn in sediment compared to the reference site. A past study 592 has indicated that iron smelting in Schefferville is associated with Mn, as Leslie and Bourque 593 (1984) indicated that iron ore extracted from this location contained from trace amounts up to 10% 594 Mn. Undoubtedly, Mn concentrations determined in sediment in both lakes can be attributed to 595 iron ore exploitations in Schefferville. The comparison between element concentrations in 596 sediment and water samples among our study sites provides insight into the long-term deposition 597 processes of elements in sediment while aqueous element concentrations indicate short-term 598 inputs, which is also supported by Pyle et al. (2005).

599 Overall, lakes from Schefferville (Denault and Houston) appeared to be more negatively 600 affected by mining operations than Lake Cherny in Fermont and the reference location. Our data 601 also clearly indicates the effect of distance on aqueous habitat contamination by trace elements 602 from mining operations, as Lake Cherny is located farther from past and current mining operation 603 sites than lakes Denault and Houston. In Lake Denault, while other elemental concentrations were 604 similar to the reference lake, the high sediment concentrations of Mn reflect the legacy of past 605 iron ore exploitations (IOC, closed in 1982). However, as Lake Houston is affected by current 606 (TSMC) and more recent (LIM, closed in 2014) mining activities, we observed higher 607 concentrations of Cd, Cu, Fe, Mn, Se and Zn than in sediment from the reference lake. With this 608 location, apparent short-term inputs, manifested by surface water from watersheds upstream and 609 atmospheric transport are less pronounced.

#### 610 **4.2** Element bioaccumulation among fish subfamilies and relationships with 611 biometric and biochemical biomarkers

#### 612 Salmoninæ

613 In Salmoninæ, higher liver concentrations of THg were measured in fish from lakes 614 Denault (Schefferville) and Cherny (Fermont) compared to the reference location. Low THg 615 concentrations in the liver of Salmoninæ from Lake Houston were expected given the associations 616 between THg and species dependent trophic position. Total mercury, and more specifically MeHg, 617 is known to bioaccumulate and reach elevated concentrations in top predatory fish, such as Lake 618 charr (Chételat et al., 2015; Lockhart et al., 2005). However, only Brook charr, a smaller salmonid, 619 was present in Lake Houston. A shift in dietary preferences toward larger prey may explain the 620 elevated hepatic THg concentrations observed in Salmoninæ from Lake Cherny. In our study, 621 THg accumulation itself was not associated with any significant effect.

622 In Lake Houston, metal concentrations of AI, Cd, Co, Cr, Cu and Pb were more elevated 623 in comparison to concentrations measured in Salmoninæ from the reference site. Furthermore, 624 observed concentrations were greater than those detailed in previous reports of trace metal 625 concentrations in the liver of another Salmoninæ species, Arctic charr (Salvelinus alpinus), 626 collected in the Deception Bay region of Northern Québec (Martyniuk et al., 2020b) and other 627 Northern regions of the circumpolar Arctic (Allen-Gil et al., 2003). These elevated concentrations 628 may be explained by dietary metal contamination or by a slower growth in Lake Houston 629 Salmoninæ due to a decrease in food availability. Both alternatives would be consistent with the 630 heavy contamination of the sediment in this lake. In a study presented by Besser et al. (2001),

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631 the authors demonstrated that different trophic levels (periphyton, benthic invertebrates and Brook 632 charr) exhibited different responses to metal contamination, which they associated with foraging 633 habits and food intake within each trophic level. The authors suggested that Cu concentrations 634 measured in benthic invertebrates and Brook charr were linked to the larger scale negative 635 impacts observed on fish populations and benthic invertebrate communities. Considering metal 636 concentrations measured in sediment from Lake Houston, our results could indicate a comparable 637 scenario. Furthermore, although Brook charr were longer, heavier and in a better condition in the 638 reference lake than in Lake Houston, they were older in Lake Houston, indicating faster growth in 639 fish from the reference site. As Lake Houston and the reference lake are experiencing a very 640 similar seasonality given their geographical proximity, the overall poorer condition of Lake 641 Houston Salmoninæ may be linked to indirect effects associated with reductions in food 642 availability. Nevertheless, our sampling only involves a limited number of fish (n = 20), all captured 643 in the same year. Therefore, inter-individual and inter-annual variability is expected given the 644 environment under study.

645 Salmoninæ sampled in the Schefferville area, particularly those captured in Lake Denault, 646 demonstrated high liver concentrations of Se compared to fish from the reference site, as well as 647 previous studies on Salmoninæ species (Arribére et al., 2008; Herrmann et al., 2016). Similar to 648 observations for liver THg, Se concentrations displayed a positive correlation with fish age, 649 indicating that Salmoninæ bioaccumulate this element, most likely through dietary sources, since 650 aqueous Se does not induce elemental bioaccumulation even in the most contaminated areas 651 (Stewart et al., 2010; Wood et al., 2011a). Liver Se concentration was strongly and positively 652 correlated to 8-OHdG concentrations, suggesting that Se is contributing to oxidative stress and 653 resulting DNA damage in our sampled individuals (Spallholz, 1994; Spallholz et al., 2001). 654 Although non-significant, the positive correlation of liver Se with SOD and GPx activities also 655 suggests that this oxidative stress induced an antioxidant response. A review published by Lemly 656 (1993a) recommended that 12  $\mu$ g/g should be considered as a toxic threshold for freshwater 657 fishes based upon the evaluation of numerous studies demonstrating negative impacts linked to 658 liver Se accumulation between 12 and 86 µg/g. Salmoninæ populations from Lake Denault, but 659 also those from lakes Houston and Cherny, exceeded that threshold (liver Se concentrations 660 ranging from 14 to 90 µg/g for these lakes) indicating that fish populations at these locations may 661 be subjected to elemental Se-induced toxicity. The very fine boundary between essentiality and 662 toxicity of Se (Hamilton, 2004) represents a substantial environmental threat in our region of 663 study, especially for Salmoninæ, which are particularly sensitive (Lemly, 1993a). However, given 664 that the liver Se concentrations in our Salmoninæ were strongly and positively correlated with 665 liver Cd, Cu and Hg concentrations, this field study cannot exclude that the increase in oxidative 666 damage and antioxidant capacity that we observed in our system may be a response to the 667 contaminant mixture.

668 Bioaccumulation of Se through the aquatic food web can lead to deleterious impacts in 669 early-life stages of fish such as teratogenicity and ultimately lead to population level effects 670 through recruitment impairment (Janz et al., 2010; Lemly, 1993b, 2004). Palace et al. (2004) 671 suggested that oxidative stress in fish embryos could be a trigger for these effects. We could not 672 evaluate the toxicity of Se on early life-stages of Salmoninæ in our study. However, Chapman 673 (2007) demonstrated that Northern fish species could tolerate higher concentrations of Se than 674 more temperately located species and recommends the adoption of a "site and species-specific 675 studies" approach before drawing conclusions. Additionally, Se is known to have a protective 676 effect against MeHg (Ralston et al., 2008) when the molar ratio between Se and Hg approaches 677 or exceeds a 1:1 stoichiometry (Peterson et al., 2009; Ralston et al., 2007). Our results could 678 suggest a preventive action of Se against Hg toxicity (Se/THg molar ratios > 1). Since 679 demethylation takes place in the liver of fish (Wood et al., 2011b) and we only measured THg and 680 not MeHg, we do not know the proportion of THg that was in the methylated form in our samples.

Thus, it remains difficult to establish whether Se may be a protective or a toxic element given the elevated Se concentrations measured in this study, even for Northern species. In other circumstances (Se/Hg ratio < 1:1 stoichiometry), the very high affinity between Se and Hg induces Se-Hg bonds, potentially leading to a decrease in Se availability for vital functions (Ralston and Raymond, 2010).

#### 686 Catostominæ

687 Catostominæ in Lake Denault displayed significantly elevated concentrations of Mn 688 compared to those from the reference site. Manganese is an essential trace metal for fish and is 689 required for many biological functions (Goldhaber, 2003; Olmedo et al., 2013). However, more 690 recently it has become an emerging contaminant of interest in ecotoxicological studies (Pinsino 691 et al., 2012). The negative correlations determined between liver Mn concentration and biometric 692 variables in Catostominæ (as well as in Coregoninæ) indicate that Mn does not bioaccumulate 693 with age in fish liver. This is consistent with previous findings presented in Nussey (2000), that 694 suggested that Mn is well regulated through homeostatic mechanisms. As described in Bendell-695 Young and Harvey (1986), at the water-sediment interface, Mn can be characterized as an 696 intermediate state between dissolved and particulate forms. White sucker and Longnose sucker 697 are both groundfish, feeding on benthic invertebrates. Their feeding behaviour induces a 698 resuspension of particles in the upper sedimentary layer where their prey is located, leading to 699 Mn contamination through both waterborne and dietary sources. Furthermore, several studies 700 have reported that Mn has the potential to disturb the abundance and the diversity of benthic 701 invertebrates (Dittman and Buchwalter, 2010; Wellnitz et al., 1994; Wilson et al., 2019). Therefore, 702 in our study, a decrease in prey availability due to Mn contamination could potentially explain the 703 lower condition observed in Catostominæ captured in Lake Denault, as these fish are directly 704 exposed to metal contamination from both contact with sediment and food consumption (Bendell-705 Young and Harvey, 1986; Hamilton et al., 1990; Munkittrick and Dixon, 1988).

706 Similar to other essential and non-essential metals, excessive Mn accumulation can lead 707 to immune response disruptions (Aliko et al., 2018) and induce oxidative stress (Copat et al., 708 2020; Hedayati et al., 2014) through the production of ROS or interference with antioxidant 709 capacities. Under laboratory conditions, Vieira et al. (2012) exposed goldfish to aqueous Mn at 710 0.1 and 1 mM (5.5 and 55 mg/L, respectively) for 96 h. They observed an increase of GPx activity 711 and an inhibition of CAT activity in liver tissue. The authors hypothesized that GPx represented 712 the first defense against waterborne Mn exposition. Their observation is supported by another 713 study from Gabriel et al. (2013) where the authors exposed juvenile tambaqui (Colossoma 714 *macropomum*) to aqueous Mn (3.9 mg/L Mn<sup>2+</sup>) for 96 hours. They reported a significant increase 715 in liver glutathione-S-transferase (GST) activity and GSH content along with unchanged CAT 716 activity. Their studies contrast strongly with the results of our study, in which wild fish were 717 chronically exposed to water Mn concentrations ranging from 0.49 to 3.18 µg/L (3 orders of 718 magnitude lower than the laboratory studies cited above), but also exposed to an unknown level 719 of dietary Mn, and where CAT activity was stimulated, but GPx activity inhibited, by Mn. Although 720 the comparison of results obtained from these studies with ours highlights the sharp contrast 721 between short-term responses of antioxidant mechanisms observed in acute laboratory 722 exposures and the long-term adaptations of animals chronically exposed to contaminants in the 723 field, both support that exposure to high Mn concentrations leads to a response of antioxidant 724 capacities. Our data allow to hypothesize that long-term (life-long) exposures to Mn like in our 725 study induce catalase, inhibit GPx and lead to oxidative damage to DNA (as indicated by 8-OHdG) 726 and metabolic costs. The negative correlations between liver Mn and Cd and THg concentrations 727 strongly support that in the case of the Catostominæ from our study area, Mn, and not other 728 metals, is the metal of concern for the health of these fish.

Although liver Se concentration was higher in *Catostominæ* from Lake Denault compared to individuals from the reference location, our study did not reveal any significant relationships

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731 with the biomarkers of effects examined. This suggests that Se accumulation did not reach toxic 732 levels in Catostominæ. Additionally, liver Se concentrations in individuals from Lake Denault were 733 below the toxic threshold of  $12 \mu g/g$  proposed by Lemly (1993a), which supports our observations. 734 Liver THg and Cd concentrations were higher in fish from the reference lake compared to Lake 735 Denault and were positively correlated to biometric variables, clearly demonstrating the 736 bioaccumulation potential of these two metals (Croteau et al., 2005; Kidd et al., 2012). As 737 observed in Salmoninæ, an increase of GPx activity in Catostominæ appeared to efficiently 738 prevent oxidative damage that may be induced by these elements, since the liver concentration 739 of both Cd and Hg was negatively correlated with 8-OHdg concentration, an indicator of DNA 740 oxidative damage.

#### 741 Coregoninæ

742 In our study, the Coregoninæ subfamily was represented by Lake whitefish and Round 743 whitefish, with both species being part of the Salmonidae family (Phillips and Rab, 2001). 744 Coregoninæ also share similar ecological characteristics with Catostominæ, in terms of habitat 745 and food preferences, even if Coregoninæ can forage in deeper waters. These genetic and 746 ecological similarities with both Salmoninæ and Catostominæ, respectively, were reflected in the 747 observed patterns of liver element concentrations and their associated effects. As observed with 748 Catostominæ, Coregoninæ from Lake Denault exhibited higher liver concentrations of Mn when 749 compared to the reference site. Bioaccumulation of Mn also appeared to be regulated through 750 cellular homeostasis, as suggested by the negative correlations between Mn concentrations and 751 biometric biomarkers.

With *Coregoninæ*, we reported negative correlations between HSI and liver concentrations of Cd. Past laboratory studies have demonstrated that fish exposed to both dietary and waterborne Cd displayed a decrease of HSI and disruptions to the antioxidant system (Drąg-Kozak et al., 2019; Jamwal et al., 2018; Pereira et al., 1993; Pretto et al., 2011). Lake Cherny

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756 presented higher aqueous and sediment Cd concentrations compared to the reference lake and 757 Lake Denault. However, these elevated habitat concentrations appeared to not be reflected by 758 liver Cd accumulation, since Coregoninæ from Lake Cherny exhibited lower concentrations of hepatic Cd compared to fish from the reference site and Lake Denault. Currently, our data does 759 760 not provide an explanation for this trend. We propose two alternative hypotheses to explain this 761 observation. An increased detoxification of intracellular Cd through GSH and metallothionein (MT) 762 mediation in Coregoninæ from Lake Cherny, induced by chronic exposure, could decrease Cd 763 accumulation (Chowdhury et al., 2005; Wood et al., 2011b). Alternately, an antagonistic action 764 with calcium could lead to a decrease in Cd bioavailability (Brzóska and Moniuszko-Jakoniuk, 765 1997), in agreement with our observation that Lake Cherny exhibited the highest conductivity 766 value among the lakes studied.

767 As observed in Salmoninæ, Coregoninæ from lakes Cherny and Denault exhibited higher 768 liver Se concentration than fish sampled in the reference site. Nevertheless, no correlation could 769 be established between Se concentrations and biomarkers of oxidative stress or oxidative 770 damage measured in this research. The absence of these associations provides further support 771 for the hypothesis that cold-water species can tolerate higher Se bioaccumulation, as liver Se 772 concentration in Coregoninæ from Lake Denault were above the potential toxic threshold of 12 773 µg/g. Additionally, compared to fish collected in the reference site and Lake Cherny, Coregoninæ 774 captured in Lake Denault displayed lower liver THg concentrations. In a study from Amundsen et al. (2011), Whitefish (Coregonus lavaretus) feeding on plankton rather than on benthic 775 776 invertebrates exhibited higher Hg concentrations, suggesting that a pelagic feeding behaviour 777 leads to an increase of Hg bioaccumulation. Two additional studies (Kahilainen et al., 2017; Keva 778 et al., 2017) further supported this observation. This suggests that Coregoninæ from Lake Denault 779 may be primarily feeding on benthic invertebrates, since both Catostominæ and Coregoninæ from

this lake expressed low liver THg and high Mn concentrations compared to their counterparts

781 from the reference site.

#### 782 5 CONCLUSION

783 Our study highlighted the interspecific variation of fish responses to contaminated 784 environments near past and current mining areas in Northern Québec. Fish sampled in Lake 785 Cherny (Fermont area) exhibited a generally better condition and appeared to be less impacted 786 by trace element contamination than fish captured in lakes Houston and Denault (Schefferville 787 area). Sediment Mn concentrations in Lake Denault and sediment concentrations of Cd, Cu, Fe, 788 Mn, Se and Zn, in addition to water concentrations of Mn and Pb in Lake Houston were higher 789 than those determined in the reference site. These observations can be attributed to the impacts 790 of both historical and current mining operations, as iron ore exploitation in the Schefferville area 791 has been more intense and precedes exploitation in the Fermont area. Trace element 792 accumulation in the liver of the fish studied differed among subfamilies, particularly for Mn, Se 793 and THg concentrations, and can most likely be related to trophic position and feeding behaviours. 794 In Lake Denault, benthic fish from the *Catostominæ* subfamily appeared to be negatively affected 795 by environmental Mn contamination, a legacy of past mining operations (IOC). This was evident 796 through the evaluation of relationships between Mn concentrations and biomarkers of oxidative 797 stress. Salmoninæ also exhibited indication of potential negative effects associated with 798 contamination from mining activity, as high values of Se measured in fish from contaminated lakes 799 compared to individuals from the reference lake were associated with an increase of 8-OHdG 800 concentrations. In Lake Houston, Salmoninæ also demonstrated higher liver concentrations of Al, 801 Cd, Co, Cr, Cu, Pb and lower condition than fish from the reference location. We could 802 hypothesize that at sites impacted by more recent iron exploitation as in Lake Houston (LIM closed 803 in 2014 and current TSMC activities), negative effects from sediment contamination are indirectly 804 contributing to deteriorate fish health. Yet, as we did not collect information on prey abundance, 805 food webs and since we have only one period of sampling, further research should be carried out 806 to examine the magnitude of contamination upon benthic fauna. Lastly, fish collected in Lake

807 Cherny appeared to be in a similar condition and health status as those captured from Lake 808 Perroche, the reference site. Only liver THg concentrations in fish from Lake Cherny were 809 concerning and could be possibly explained by a shift in foraging strategies to larger prey items. 810 It is important to consider that although strong correlations can be identified between liver trace 811 element concentrations and biochemical biomarkers, field studies do not allow for clear attribution 812 of an element's effect on the antioxidant system. The biomarkers under study are not entirely 813 element-specific and in a natural ecosystem where environmental variables cannot be controlled 814 as in laboratory studies, additive or antagonistic effects may occur. Further studies are required 815 to have a better understanding of the impacts associated with mining activities on Northern fish 816 species. Specifically, our study points to the relative importance of feeding behaviour on trace 817 element concentrations in fish and their associated effects on fish health. Therefore, stable 818 isotope analyses would be a valuable tool to estimate relationships between the parameters 819 evaluated here and ecological variables such as trophic level and feeding behaviour.

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828

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Project administration, Funding acquisition

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#### 838 Data availability statement

839 All untreated data for this study is available here:
 840 <u>https://borealisdata.ca/privateurl.xhtml?token=13b5b017-30f5-4cf3-8de4-</u>
 841 <u>44ef8ae00c69</u>

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TABLES

Table 1: Water (temperature, pH and conductivity) and lake (maximal length, maximal width and mining inputs) parameters and fishing usage of 1235

1236 sampled sites in the summer 2019.

Fishing usage		Recreational fishing outfitter	None known	Subsistence fishing	Subsistence fishing
	Mining inputs	None	Upstream sources (6 km distance) of metal contamination (from 2011 to 2014) including: (i) 200 000 m <sup>3</sup> of iron mine tailing released in the environment after a dam break, (ii) 14 500 L of iron sulfate discharged and (iii) several incidents of mine tailings discharged after heavy rainfall	Atmospheric contamination from current mining exploitation (TSMC) in addition to historical atmospheric contamination (LIM, from 2011 to 2013)	Immediate contamination from mine tailings (IOC, from 1954 to 1982) with residuals being in direct contact with the lake
sters	Maximal width (m)	364	866	388	505
Lake parame	Maximal length (m)	2090	3300	2690	2035
	Conductivity (µS/cm)	5.7	52.0	19.0	34.3
ters	Hq	6.6	7.0	6.8	7.7
Water paramet	Temperature (°C)	15.3	15.7	15.1	15.8
Lake		Perroche	Cherny	Houston	Denault

Abbreviations: TSMC (Tata Steel Minerals Canada), LIM (Labrador Iron Mine Limited) and IOC (Iron Ore Company of Canada)

- 1239 Table 2: Capture data for fish species collected in summer 2019 at the reference site (Lake
- 1240 Perroche), as well as in the Fermont (Lake Cherny) and Schefferville (lakes Houston, Denault
- 1241 and Star) areas.
- 1242

Lake	Perroche	Cherny	Houston	Denault	Star	TOTAL
Lake charr (Salvelinus namaycush)	3	2		7		12
Brook charr (Salvelinus fontinalis)	20		20	1		41
White sucker (Catostomus commersonii)	7			14		21
Longnose sucker (Catostomus catostomus)				20		20
Round whitefish (Prosopium cylindraceum)		2		6		8
Lake whitefish (Coregonus clupeaformis)	20	20		3		43
Northern pike (Esox lucius)	11	1				12
Lake chub (Couesius plumbeus)	11	20		20		51
Slimy sculpin (Cottus cognatus)	1			2	1	4
Burbot (Lota lota)				3		3
TOTAL	73	45	20	76	1	215

Values are expressed as mean ± standard deviation with ranges (minimum; maximum); n.a., not available. Different letters indicate significant Table 3: Fork length, total weight, FCF, HSI, sex ratio and age of Salmoninæ, Catostominæ and Coregoninæ captured in the summer of 2019. differences for the given species between sampled lakes and sample number is provided for HSI and age in brackets when different from total sample number. 1244 1245 1246 1247

Brook charr $20$ $319 \pm 100^a$ $500 \pm 486^a$ Brook charr $20$ $319 \pm 100^a$ $500 \pm 486^a$ Lake charr $3$ $568 \pm 43$ $2133 \pm 497$ White sucker $7$ $518$ ; $598$ $1562$ ; $2467$ White sucker $7$ $502 \pm 37^a$ $1883 \pm 386^a$ Unite sucker $7$ $502 \pm 37^a$ $1883 \pm 386^a$ Lake whitefish $20$ $280 \pm 118$ $440 \pm 530$ Lake charr $2$ $570 \pm 50$ $1958 \pm 663$ Lake whitefish $20$ $281 \pm 74$ $355 \pm 319$ Lake whitefish $20$ $281 \pm 74$ $39$ ; $1450$ Round $2$ $222 \pm 23$ $109 \pm 42$	veight FCF	HSI	Sex	Age (vears)
Lake charr       3       568 ± 43       2133 ± 497         Lake charr       3       568 ± 43       2133 ± 497         S18; 598       1562; 2467         White sucker       7       502 ± 37a       1883 ± 386a         White sucker       7       502 ± 37a       1883 ± 386a         Lake whitefish       20       280 ± 118       440 ± 530         Lake whitefish       20       280 ± 118       440 ± 530         Lake whitefish       20       280 ± 118       440 ± 530         Lake whitefish       20       281 ± 74       355 ± 319         Lake whitefish       20       281 ± 74       355 ± 319         Lake whitefish       20       281 ± 74       355 ± 319         Round       2       222 ± 23       109 ± 42         Round       2       222 ± 23       109 ± 42	36a 11/1-017a	0 01 ± 0 36	55 002 Malo	, 4 7 7 7 7
Lake charr       3       568 ± 43       2133 ± 497         518; 598       1562; 2467         518; 598       1562; 2467         White sucker       7       502 ± 37a       1883 ± 386a         White sucker       7       502 ± 37a       1883 ± 386a         Unite sucker       7       502 ± 37a       1198; 2326         Lake whitefish       20       280 ± 118       440 ± 530         Lake whitefish       20       280 ± 118       440 ± 530         Lake whitefish       20       280 ± 118       440 ± 530         Lake charr       2       570 ± 50       1958 ± 663         Lake whitefish       20       281 ± 74       355 ± 319         Lake whitefish       20       281 ± 74       355 ± 319         Round       2       222 ± 23       109 ± 42         Mound       2       222 ± 23       109 ± 42	7 0.79; 1.67	0.57; 2.25	5.0% n.d.	1; 6 (18)
518; 598 1562; 2467 White sucker 7 502 ± 37 <sup>a</sup> 1883 ± 386 <sup>a</sup> 434; 548 1198; 2326 Lake whitefish 20 280 ± 118 440 ± 530 108; 487 14; 1692 534; 605 1958 ± 663 534; 605 1489; 2426 534; 605 1489; 2426 Lake whitefish 20 281 ± 74 355 ± 319 152; 454 39; 1450 Round 2 222 ± 23 109 ± 42 whitefish 2028 70: 138	497 1.15 ± 0.02	1.28 ± 0.46	66.7% Male	9 ± 2
White sucker       7       502 ± 37 <sup>a</sup> 1883 ± 386 <sup>a</sup> 434; 548       1198; 2326         434; 548       1198; 2326         Lake whitefish       20       280 ± 118       440 ± 530         Lake whitefish       20       280 ± 118       440 ± 530         Lake whitefish       20       280 ± 118       440 ± 530         Lake charr       2       570 ± 50       1958 ± 663         Lake charr       2       534; 605       1489; 2426         Lake whitefish       20       281 ± 74       355 ± 319         Round       2       222 ± 23       109 ± 42         Wond       2       222 ± 23       109 ± 42	467 1.12; 1.17	0.79; 1.70	33.3% Female	8; 11
Lake whitefish 20 $280 \pm 118$ 440 $\pm 530$ 108; 487 14; 1692 108; 487 14; 1692 Lake charr 2 570 $\pm 50$ 1958 $\pm 663$ 534; 605 1489; 2426 1489; 2426 152; 454 39; 1450 152; 454 39; 1450 Round 2 222 $\pm 23$ 109 $\pm 42$	386ª 1.47 ± 0.06ª 326 1.41: 1.59	1.99 ± 2.37ª 0.97: 7.35	57.1% Male 42.9% Female	11 ± 3ª 8: 18
Lake whitefish 20 280 ± 118 440 ± 530 108; 487 14; 1692 Lake charr 2 570 ± 50 1958 ± 663 534; 605 1489; 2426 534; 605 1489; 2426 152; 454 39; 1450 152; 454 39; 1450 Round 2 222 ± 23 109 ± 42 whitefish 205 538 70: 138	) 			) - 
Lake charr 2 570 ± 50 1958 ± 663 534; 605 1489; 2426 Lake whitefish 20 281 ± 74 355 ± 319 152; 454 39; 1450 Round 2 222 ± 23 109 ± 42 whitefish 205: 238 70: 138	30 1.19±0.13 2 1.01; 1.47	0.67 ± 0.16 <sup>b</sup> 0.43; 0.94	65.0% Male 25.0% Female 10.0% n.d.	4 ± 2 1; 8
Lake charr 2 570 ± 50 1958 ± 663 534; 605 1489; 2426 Lake whitefish 20 281 ± 74 355 ± 319 152; 454 39; 1450 Round 2 222 ± 23 109 ± 42 whitefish 205: 238 70: 138				
Lake whitefish 20 281 ± 74 355 ± 319 152; 454 39; 1450 Round 2 222 ± 23 109 ± 42 whitefish 265, 238 70: 138	663 1.04 ± 0.08 426 0.98; 1.10	1.02 ± 0.51 0.66; 1.38	50.0% Male 50.0% Female	9 (1)
Lake whitefish 20 281 ± 74 355 ± 319 152; 454 39; 1450 Round 2 222 ± 23 109 ± 42 whitefish 265: 228 70: 138				
Round 2 222±23 109±42 whitefish 205:338 70:138	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	0.89 ± 0.18ª 0.57; 1.12 (19)	45.0% Female 45.0% Male 10.0% n.d.	5 ± 2 2; 11
	2 0.97 ± 0.08	1.17 ± 0.30	100.0% Male	4 1 + 1
WIIICIINI 200, 200 10, 100	0.92; 1.02	0.90; 1.38		ς. 4

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Houston	Salmoninæ	Brook charr	20	186 ± 30 <sup>b</sup> 153; 270	66 ± 38 <sup>b</sup> 36; 190	0.97 ± 0.10 <sup>b</sup> 0.74; 1.25	0.97 ± 0.42 0.36; 1.89 (18)	70.0% Male 30.0% Female	4 ± 1ª 3; 5
Denault	Salmoninæ	Brook charr	-	133	23	0.98	n.a.	100.0% Female	7
		Lake charr	~	534 ± 104 398; 645	1809 ± 935 634; 3165	1.09 ± 0.14 0.90; 1.26	1.13 ± 0.27 0.87; 1.60	57.1% Male 42.9% Female	8±2 5;11
	Catostominæ	White sucker	4	230 ± 94⁵ 171; 456	257 ± 426⁵ 53; 1362	1.17 ± 0.14⁵ 1.01; 1.49	0.64 ± 0.47 <sup>b</sup> 0.28; 1.33 (7)	28.6% Female 14.3% Male 57.1% n.d.	6 ± 3 <sup>b</sup> 4; 13
		Longnose sucker	20	220 ± 52 165; 384	145 ± 147 50; 720	1.12 ± 0.10 0.99; 1.28	0.79 ± 0.25 0.42; 1.08 (8)	15.8% Male 5.3% Female 78.9% n.d.	5±2 3;12
	Coregoninæ	Lake whitefish	б	184 ± 44 155; 234	82 ± 66 42; 159	1.15 ± 0.08 1.08; 1.24	0.50 ± 0.14⁵ 0.38; 0.65	66.7% Female 33.3% n.d.	2 ± 0 2; 2
		Round whitefish	9	231 ± 23 213; 273	117 ± 35 84; 179	0.93 ± 0.09 0.83; 1.06	0.59 ± 0.21 0.44; 0.74 (2)	83.3% Female 16.7% Male	4 ± 1 3; 5

Abbreviations: Fulton's condition factor (FCF), hepatosomatic index (HSI)

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captured in the summer 2019. Values are expressed in µg/g dw as mean ± standard deviation with ranges (minimum; maximum) and sample Table 4: Trace element concentrations of Al, Cd, Co, Cr, Cu, Fe, Hg, Mn, Pb, Se, Zn in the liver of Salmoninæ, Catostominæ and Coregoninæ number in brackets. THg concentrations are expressed in wet weight (µg/g). Different letters indicate significant differences of the given subfamily among lakes. 1250 1251 1252 1253

1254

Lake	Perroche			Cherny		Houston	Denault		
Subfamily	Salmoninæ	Catostominæ	Coregoninæ	Salmoninæ	Coregoninæ	Salmoninæ	Salmoninæ	Catostominæ	Coregoninæ
A	13 ± 14 <sup>b</sup>	13 ± 12 <sup>b</sup>	23 ± 38ª	3 ± 2 <sup>b</sup>	7 ± 5 <sup>b</sup>	37 ± 33ª	5 ± 5 <sup>b</sup>	183 ± 332ª	27 ± 17ª
	1; 72	4; 36	4; 172	2; 5	1; 17	8; 150	1; 16	8; 1853	7; 56
	(23)	(7)	(18)	(2)	(21)	(16)	(7)	(31)	(6)
Cq	0.8 ± 0.5 <sup>b</sup>	3.6 ± 1.7ª	1.2 ± 0.6ª	0.5 ± 0.1 <sup>b</sup>	0.5 ± 0.3 <sup>b</sup>	3.2 ± 2.1ª	1.3 ± 0.6 <sup>b</sup>	0.7 ± 0.6 <sup>b</sup>	1.1 ± 0.3ª
	0.3; 2.2	1.2; 5.7	0.3; 2.6	0.4; 0.5	0.1; 1.4	0.6; 8.7	0.5; 2.4	0.1; 3.1	0.6; 1.6
	(23)	(7)	(18)	(2)	(22)	(16)	(7)	(31)	(6)
ပိ	0.54 ± 0.29 <sup>ab</sup>	0.72± 0.34ª	0.31 ± 0.11ª	0.32 ± 0.11 <sup>ab</sup>	0.21 ± 0.07 <sup>b</sup>	1.09 ± 0.99ª	0.39 ± 0.21 <sup>b</sup>	0.30 ± 0.13 <sup>⊳</sup>	0.48 ± 0.24ª
	0.25; 1.48	0.40; 1.39	0.15; 0.63	0.25; 0.40	0.10; 0.38	0.29; 3.43	0.16; 0.82	0.12; 0.73	0.22; 0.90
	(23)	(7)	(18)	(2)	(22)	(16)	(7)	(31)	(6)
ັບ	0.56 ± 0.16 <sup>b</sup>	0.57 ± 0.14	0.95 ± 0.41ª	0.44 ± 0.10 <sup>b</sup>	0.40 ± 0.26⊳	1.78 ± 0.99ª	0.47 ± 0.20 <sup>b</sup>	0.68 ± 0.84	0.50 ± 0.20 <sup>b</sup>
	0.35; 0.94	0.39; 0.77	0.46; 2.17	0.37; 0.51	0.19; 1.40	0.66; 4.09	0.30; 0.82	0.05; 4.69	0.21; 0.71
	(23)	(7)	(18)	(2)	(22)	(16)	(7)	(30)	(6)
Cu	48 ± 20 <sup>b</sup>	54 ± 26ª	21 ± 11ª	107 ± 47 <sup>ab</sup>	15 ± 5ª	94 ± 47ª	83 ± 30 <sup>ab</sup>	35 ± 33⁵	7 ± 1 <sup>b</sup>
	7; 93	28; 103	9; 57	74; 140	9; 25	21; 205	25; 115	7; 192	5; 8
	(23)	(7)	(18)	(2)	(22)	(16)	(7)	(31)	(5)
Е	624 ± 368	969 ± 525ª	277 ± 116 <sup>ab</sup>	642 ± 327	217 ± 92⁵	971 ± 555	632 ± 301	397 ± 661 <sup>b</sup>	340 ± 122ª
	158; 1661	346; 1606	136; 603	411; 873	131; 511	52; 1978	308; 1044	56; 3702	183; 480
	(23)	(7)	(18)	(2)	(22)	(17)	(7)	(31)	(6)

53

ВН	0.30 ± 0.25 <sup>b</sup>	0.26 ± 0.12ª	0.28 ± 0.16ª	1.18 ± 0.32ª	0.22 ± 0.10ª	0.15 ± 0.04 <sup>b</sup>	0.37 ± 0.27ª	0.04 ± 0.01 <sup>b</sup>	0.05 ± 0.01 <sup>b</sup>
	0.11; 1.29	0.12; 0.45	0.12; 0.66	0.95; 1.40	0.11; 0.54	0.10; 0.21	0.14; 0.86	0.01; 0.07	0.04; 0.07
	(22)	(7)	(17)	(2)	(22)	(7)	(7)	(27)	(5)
Ч	3.9 ± 1.3	4.9 ± 1.1 <sup>b</sup>	5.2 ± 1.9ª	3.3 ± 0.5	3.6 ± 0.8 <sup>b</sup>	4.3 ± 1.8	3.3 ± 1.4	39.1 ± 30.2ª	7.0 ± 2.5ª
	1.5; 6.3	3.8; 7.0	3.0; 9.2	2.9; 3.7	2.2; 5.4	2.7; 8.9	1.6; 5.8	7.1; 109.9	4.4; 10.1
	(23)	(7)	(18)	(2)	(22)	(17)	(7)	(31)	(6)
Pb	0.22 ± 0.49ª	0.14 ± 0.10	0.25 ± 0.28ª	0.02 ± 0.01 <sup>ab</sup>	0.05 ± 0.06⁵	0.13 ± 0.14ª	0.01 ± 0.01 <sup>b</sup>	0.29 ± 0.40	0.64 ± 1.47 <sup>ab</sup>
	0.00; 2.22	0.04; 0.29	0.01; 098	0.01; 0.02	0.00; 0.25	0.02; 0.61	0.00; 0.03	0.01; 1.56	0.00; 3.63
	(23)	(7)	(16)	(2)	(17)	(16)	(7)	(31)	(6)
Se	5.4 ± 2.4°	7.6 ± 2.5 <sup>b</sup>	8.8 ± 2.0°	20.1 ± 2.5⁵	11.3 ± 2.7 <sup>b</sup>	14.0 ± 7.7⁵	90.0 ± 46.2ª	11.4 ± 5.9ª	20.1 ± 4.3ª
	3.4; 15.0	4.8; 11.6	6.1; 13.1	18.3; 21.9	6.4; 17.3	2.8; 27.5	52.0; 174.2	4.2; 30.4	17.2; 28.6
	(23)	(7)	(18)	(2)	(22)	(16)	(7)	(31)	(6)
Zn	124 ± 35 <sup>b</sup>	64 ± 17	158 ± 44ª	85 ± 17₀	88 ± 24 <sup>b</sup>	206 ± 96ª	47 ± 5°	63 ± 14	76 ± 27₀
	58; 178	40; 89	104; 266	73; 97	50; 132	87; 481	43; 50	45; 92	50; 126
	(23)	(7)	(15)	(2)	(22)	(17)	(7)	(31)	(6)

Abbreviations: Aluminum (AI), cadmium (Cd), cobalt (Co), chromium (Cr), copper (Cu), iron (Fe), mercury (Hg), manganese (Mn), lead (Pb), selenium (Se), zinc (Zn)

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0.05 *; p < 0.001 **; p < 0.0001***.	1260
lakes in the summer 2019. Bolded values indicate significant correlations and the significance level of the correlation is denoted as follows: p <	1259
OHdG, MDA, CAT, SOD and GPx) and trace element concentrations (Cd, Cu, Hg, Mn and Se) in the liver of Salmoninæ (n = 53) from sampled	1258
Table 5: Spearman correlations (rs) among biometric biomarkers (fork length, whole weight, FCF, HSI and age), biochemical biomarkers (8-	1257

Mn

	Fork length	Whole weight	FCF	HSI	Age	8-OHdG	MDA	CAT	SOD	GPx	рд	Cu	ĥ
Whole weight	0.99***	L-											
FCF	0.42	0.49*	-										
ISH	0.17	0.19	0.12	~									
Age	0.57*	0.57*	0.03	0.16	<del>~</del>								
8-OHdG	-0.12	-0.24	0.24	-0.13	-0.44	-							
MDA	-0.09	-0.09	0.03	-0.03	-0.23	0.69*	-						
CAT	-0.25	-0.34	-0.22	-0.50	-0.41	0.31	0.38	-					
SOD	0.41	0.17	-0.01	-0.43	0.21	0.56	0.38	0.07	~				
GPx	0.46	0.54	0.07	-0.14	0.33	0.18	0.00	-0.25	0.43	-			
Cd	-0.27	-0.29	-0.51*	-0.03	0.36	0.15	0.41	0.24	0.30	-0.50	~		
Cu	-0.22	-0.25	-0.43	-0.01	0.18	0.42	-0.10	0.08	0.33	0.46	0.40	~	
Hg	0.89***	0.88***	0.21	0.15	0.91***	-0.47	-0.33	-0.49	-0.03	0.46	0.24	0.07	-
Mn	-0.27	-0.25	-0.09	-0.02	-0.33	-0.36	0.10	0.20	-0.34	-0.43	0.22	-0.09	Ŷ
Se	0.18	0.15	-0.26	0.03	0.59*	0.74*	0.53	0.11	0.69	0.46	0.61**	0.56*	0.6

Abbreviations: Fulton's condition factor (FCF), hepatosomatic index (HSI), 8-hydroxy-2'deoxyguanosine (8-OHdG), malondialdehyde (MDA), catalase (CAT), superoxide dismutase (SOD), glutathione peroxidase (GPx), cadmium (Cd), copper (Cu), mercury (Hg), manganese (Mn), selenium (Se)

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lakes in the summer 2019. Bolded values indicate significant correlations and the significance level of the correlation is denoted as follows: p <	1266
OHdG, MDA, CAT, SOD and GPx) and trace element concentrations (Cd, Cu, Hg, Mn and Se) in the liver of <i>Catostominæ</i> (n = 41) from sampled	1265
Table 6: Spearman correlations (rs) among biometric biomarkers (fork length, whole weight, FCF, HSI and age), biochemical biomarkers (8-	1264

0.05 \*; p < 0.001 \*\*; p < 0.0001\*\*\*. 1267

	Fork lengt	h Whole weiç	ght FCF	- N L	Age	8-OHdG	MDA	CAT	SOD	GPx	Ъ	Cu	Hg	M
Whole weight	0.98***	+												
FCF	0.64*	0.74***	-											
HSI	0.60	0.59	0.58	-										
Age	0.82***	0.78***	0.58*	0.44	-									
8-OHdG	-0.43	-0.45	-0.49	-0.23	-0.48	-								
MDA	0.24	0.25	0.42	0.28	0.16	0.07	~							
CAT	-0.36	-0.33	-0.11	-0.64	-0.36	0.25	0.12	~						
SOD	0.28	0.26	0.27	0.20	0.24	-0.06	0.49	-0.07	~					
GPx	0.40	0.39	0.46	0.51	0.29	-0.22	0.55*	0.11	0.33	-				
Cd	0.80***	0.78***	0.66*	0.68	0.83***	-0.53	0.27	-0.35	0.31	0.47	<del>.</del>			
Cu	0.19	0.14	-0.02	0.12	0.19	-0.10	-0.20	-0.36	0.05	-0.12	0.28	<del>.</del>		
Hg	0.95***	0.94***	0.74**	0.58	0.77***	-0.56	0.22	-0.34	0.22	0.56	0.76***	0.16	-	
Mn	-0.71**	-0.70**	-0.50	-0.65	-0.56	0.53	-0.17	0.49	-0.10	-0.39	-0.60*	-0.34	-0.66*	~
Se	0.13	0.12	0.09	0.01	0.30	0.14	-0.09	-0.03	-0.08	-0.15	0.27	0.06	00.0	0.2

Abbreviations: Fulton's condition factor (FCF), hepatosomatic index (HSI), 8-hydroxy-2'deoxyguanosine (8-OHdG), malondialdehyde (MDA), catalase (CAT), superoxide dismutase (SOD), glutathione peroxidase (GPx), cadmium (Cd), copper (Cu), mercury (Hg), manganese (Mn), selenium (Se)

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lakes in the summer 2019. Bolded values indicate significant correlations and the significance level of the correlation is denoted as follows: p < OHdG, MDA, CAT, SOD and GPx) and trace element concentrations (Cd, Cu, Hg, Mn and Se) in the liver of Coregoninæ (n = 51) from sampled Table 7: Spearman correlations (rs) among biometric biomarkers (fork length, whole weight, FCF, HSI and age), biochemical biomarkers (8-0.05 \*; p < 0.001 \*\*; p < 0.0001\*\*\*. 1272 1273 1274 1271

	Fork length	Whole weig	ht FCF	HSI	Age	8-OHdG	MDA	CAT	SOD	GPx	Сq	Cu	Hg	Mn
Whole weight	0.99***	-												
FCF	0.69***	0.75***	<del>.                                    </del>											
HSI	-0.05	-0.03	0.14	-										
Age	0.94***	0.92***	0.61**	0.01	<del>.                                    </del>									
8-OHdG	0.00	0.00	-0.15	-0.42	00.0	£								
MDA	-0.13	-0.12	-0.16	-0.16	-0.24	0.45	-							
CAT	-0.38	-0.38	-0.40	-0.34	-0.44	0.42	0.62*	£						
SOD	-0.30	-0.28	-0.26	-0.44	-0.33	0.38	0.23	0.36	~					
GPx	0.28	0.28	0.13	-0.26	0.22	0.14	0.08	0.21	0.26	-				
Cd	0.40	0.39	0.05	-0.54*	0.44	0.46	-0.05	0.01	0.31	0.27	-			
Cu	0.56*	0.54*	0.41	-0.32	0.52*	0.27	-0.09	-0.29	-0.01	0.07	0.40	<del>.                                    </del>		
Hg	0.90***	0.90***	0.75***	-0.16	0.82***	0.28	-0.18	-0.36	-0.19	0.23	0.38	0.61*	<del></del>	
Mn	-0.55*	-0.57*	-0.64**	-0.20	-0.48	0.20	-0.15	0.21	0.44	-0.02	0.24	-0.38	-0.52	-
Se	0.24	0.21	0.06	0.14	0.40	0.10	-0.09	-0.28	-0.08	0.15	0.19	-0.05	0.01	-0.08

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# ASSESSING THE IMPACTS OF MINING ACTIVITIES ON FISH HEALTH IN NORTHERN QUÉBEC

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### **FIGURE CAPTIONS**

Figure 1: Map of the sampled lakes in the region of Schefferville (left) and Fermont (right)
during summer 2019. The orange triangle on the bottom map indicates the relative distance of
Lake Perroche (the reference site) from Fermont and Schefferville.

14

15 Figure 2: Trace element concentrations of aluminum (Al), cadmium (Cd), cobalt (Co), 16 chromium (Cr), copper (Cu), iron (Fe), manganese (Mn), lead (Pb), selenium (Se) and zinc 17 (Zn) for water (panel A) and sediment (panel B) from lakes sampled in the summer 2019. Water 18 (n = 2) and sediment (n = 2) trace element concentrations are expressed in  $\mu g/L$  and  $\mu g/g$  dw 19 respectively. Values below the detection limits were excluded from the figure. A threshold value 20 corresponding to the Provincial Water Quality Objectives from Québec (Ministère de 21 l'Environnement et de la Lutte contre les changements climatiques, 2021) is also displayed on 22 panel A.

23

24 Figure 3: Principal component analysis (PCA) of biometric biomarkers (fork length, whole 25 weight, age, Fulton's condition factor (FCF) and hepatosomatic index (HSI)), biochemical 26 biomarkers (8-hydroxy-2'deoxyguanosine (8-OHdG), malondialdehyde (MDA), catalase 27 (CAT), superoxide dismutase (SOD) and glutathione peroxidase (GPx)) and trace element 28 concentrations (aluminum (Al), cadmium (Cd), cobalt (Co), chromium (Cr), copper (Cu), iron 29 (Fe), manganese (Mn), mercury (Hg), lead (Pb), selenium (Se) and zinc (Zn)) of Salmoninae (n = 53) among the sampled lakes. Each point indicates an individual fish and ellipses 30 31 represent individuals from the same site.

32

33 Figure 4: Principal component analysis (PCA) of biometric biomarkers (fork length, whole 34 weight, age, Fulton's condition factor (FCF) and hepatosomatic index (HSI)), biochemical biomarkers (8-hydroxy-2'deoxyguanosine (8-OHdG), malondialdehyde (MDA), catalase
(CAT), superoxide dismutase (SOD) and glutathione peroxidase (GPx)) and trace element
concentrations (aluminum (Al), cadmium (Cd), cobalt (Co), chromium (Cr), copper (Cu), iron
(Fe), manganese (Mn), mercury (Hg), lead (Pb), selenium (Se) and zinc (Zn)) of *Catostominae*(n = 41) among the sampled sites. Each point indicates an individual fish and ellipses represent
individuals from the same site.

41

42 Figure 5: Principal component analysis (PCA) of biometric biomarkers (fork length, whole 43 weight, age, Fulton's condition factor (FCF) and hepatosomatic index (HSI)), biochemical 44 biomarkers (8-hydroxy-2'deoxyguanosine (8-OHdG), malondialdehyde (MDA), catalase 45 (CAT), superoxide dismutase (SOD) and glutathione peroxidase (GPx)) and trace element 46 concentrations (aluminum (AI), cadmium (Cd), cobalt (Co), chromium (Cr), copper (Cu), iron 47 (Fe), manganese (Mn), mercury (Hg), lead (Pb), selenium (Se) and zinc (Zn)) of Coregoninae (n = 51) among the sampled sites. Each point indicates an individual fish and ellipses represent 48 49 individuals from the same site.

# **FIGURES**



51

52 Figure 1















